

OFFICIAL RULES L'ÉTAPE BRASIL

Article 1 - FOREWORD

L'Étape Brasil by Tour de France is an amateur cycling event which aims to allow athletes to experience the sensation of the world's greatest cycling competition, the TOUR DE FRANCE. In our events, our quest to provide the highest level of entertainment for the riders, their families and fans of the sport. We also aim to increasingly involve the locals in the host cities, bringing financial return not only on the days of the events, but also stimulating tourism, sports and local culture during other periods of the year.

Events of this size held in Brazil represent a milestone in national and Latin American cycling.

This regulation aims to inform and highlight the participation rules, guaranteeing the maximum safety for the participants, staff and public present at the events; and harmonious coexistence among all, in an environment of equality and companionship.

Article 2 – REGISTRATION

- **1.** Registrations for the L'Étape Brasil by Tour de France events must be made exclusively on the event's official website. <u>www.letapebrasil.com.br</u>.
- **2.** The registration period ends when the total of spots (according to the race description) is reached or at the discretion of the organization, without prior notice.
- **3.** The participant's age on December 31st of the current race year will be considered for the purpose of classification by age group.
- **4.** Participants born in 2007 and still under 18 years of age on the day of the event, must present a written authorization with a notarized signature from parents or guardians. Except for those cases, minors will not be allowed to participate in the event.
- **5.** PwD / ELDERLY: We have implemented half price registration for athletes over 60 years of age and PwD. To qualify, the athlete must send by email a copy of their ID card with date of birth, and we will generate a 50% discount coupon to be validated at checkout when registering. For PwD athletes, please include the medical report.



- **6.** Incorrect completion of the registration form, including registration in an incorrect age group, will result in the participant's disqualification.
- **7.** Participation in **L'Étape Brasil by Tour de France** involves the express and unconditional acceptance to these rules. No further complaints will be accepted as to the content of these rules.
- **8.** Entries for L'Étape Brasil by Tour de France are personal and non-transferable. Any person who releases, assigns or sells their registration to another person without the consent of the organization, within or outside the time limits established in this regulation, is assuming full civil and criminal responsibility. In the event of any accident occurring/caused as a result of this process or by this people during the event may result in banishment from participating in any other edition of L'Étape Du Tour around the world for an indefinite period, for both people involved.

Article 3 - KIT COLLECTION

- 1. The athlete's kit must be picked up at the Village, on the days and times stipulated by the organization, as detailed in the General Description of the event.
- 2. The athlete kit will consist of 01 timing envelope containing: athlete data, race bib and starting area, 1 bicycle number plate, 1 helmet sticker and 1 seatpost sticker, in addition to 1 cycling jersey and 1 frame sticker with the main points of the route.
- **3.** The front plate must be placed with a nylon zip tie in front of the bicycle handlebars, in a visible place and free from any obstruction. The seatpost sticker must be attached below the bicycle seat (seatpost). In case of doubt, there will be a model bike in the kit collection area, demonstrating the correct way to attach the stickers and plate.
- **4.** Any kind of alteration, mutilation, cutting and/or bending of the identification plates and stickers on the timing chips **is stricly forbidden**.
- **5.** The athlete kit can only be picked up upon presentation of the following documents:
 - a. A hard copy of the medical certificate that certifies the suitability to participate in a cycling event, completely filled out, with the doctor's signature and GMC number (General Medical Council), issued within a maximum period of one year before the date of the event.



(Click here to download the Medical Certificate template).

- b. Official identification document with photo.
- **c.** Any other documents requested by the organization.
- **6.** The kit collection by third parties is allowed provided that the grantee delivers a **notarized authorization** of the registered athlete, containing the identification data of the grantor and grantee, in addition to presenting the documents set forth in item **5** of this **Article 3**.
 - (<u>Click here</u> to download the Power of Attorney model for the kit collection by third parties).
- **7.** Failure to submit any of the items requested will prevent the participant from collecting the kit and participating in the race.
- **8.** When picking up the kit, the participant or their representative must check the registration data, number and starting area, chips and size of the cycling jersey, as well as other items that have been purchased separately. **No further complaints will be accepted.**
- **9.** Using another athlete's chip is prohibited and will result in the immediate disqualification of both the transferor and the athlete who used the chip improperly.
- **10.** The athlete who transfers their Athlete Kit to another cyclist will be suspended, along with the athlete who received it, for two years, and may be prohibited to take part in any other edition of **L'Étape du Tour** in the world.
- **11.** In cases of non-attendance at the event, the kit items may be sent to an address chosen by the athlete, upon payment of the shipping cost plus an administrative fee of R\$65.
 - **a.** The request must be made via email. contato@letapebrasil.com.br after the event takes place.
 - **b.** The athlete must inform the complete address for the shipping costs and forward the proof of registration in the race.



- **c.** The deadline for requesting the sending of the athlete kit is **60 days after the race date**.
- **d.** The athlete kit will be shipped within 15 business days after receipt of proof of payment for shipping.

Article 4 – GUIDELINES FOR THE START

- **1.** For the safety and good progress of the event, participants will be distributed in pelotons, starting in intervals.
- 2. The athlete will informed about their start area upon kit collection.
- **3.** The athlete who starts in an area ahead of the one designated by the organization will be AUTOMATICALLY disqualified by the timing system, and their time will not show in the final classification.
- **4.** Starting behind the designated area is allowed and will not result in disqualification of the athlete.
- **5.** The criteria used for the classification of the athletes in the starting area is objective, being the same used by L'Étape du Tour de France and will be based on the results of previous races and the answers provided in the registration form.

Article 5 – MANDATORY GEAR

- **1.** For the safety and good progress of the event, participants in the race must start with the following gear:
 - a. Bicycles: road cycling, mountain bike, tandem, hybrid or touring, in perfect conservation and maintenance, exclusively human-powered.
 - b. During all times when the participant is on their bicycle, the use of a hard and buckled helmet is compulsory, and the equipment must be approved by Brazilian bodies or foreign security certifiers.
 - **c.** The **maximum allowed length** of bicycles is 2.10 meters The maximum width is 0.75 meters. A standard competition bike fits within these measurements.



- **d.** Riders will be allowed to use only **one bicycle throughout event**. The participant may replace a bicycle only in case of proven inability to proceed safely (any cracked or broken part). To do so, they may resort to another participant or spectator, however, their number and chip must be attached to the new bike.
- **2.** The organization reserves the right to prohibit the participation of riders who present any unknown or unconventional mandatory equipment.
- **3.** The participant must submit any equipment that may be considered inappropriate under this regulation, for assessment at least one month in advance.

Article 6 – FORBIDDEN EQUIPMENT

- **1. Assisted bikes, engines** or other mechanical or electrical propulsion means **will not be allowed**. Recumbent bicycles are also prohibited.
- **2.** The use of **extensions of any kind** on the bicycle handlebar **will not be permitted**. Triathlon clip ons or bar hands are prohibited.
- **3.** Lenticular (closed) aerodynamic wheels with composite spokes and covers are not allowed. Weights will not be allowed on lenticular wheels.

Article 7 - ROUTE SAFETY

- 1. The organization will implement a series of measures aimed at the safety of participants and the audience on the course, such as cones for signaling and lane delimitation, signs indicating turns and commissaires with flags and whistles. Nevertheless, it is the responsibility of each participant to ensure their safety and that of the other participants, riding defensively and cautiously.
- 2. Since cyclists will ride both ways, riding on the opposite lane is strictly prohibited, even for brief moments. There will be commissaires along the route, and violators will be DISQUALIFIED. Cyclists must always ride on the far right of the lane and perform overtaking only on the left.
- **3.** All places **considered dangerous along the course will be signaled with DANGER [PERIGO] signs.** In addition, there will be staff people with flags signaling the dangerous zones.



- **4.** Participants must observe and **respect the traffic signs and safety instructions** provided by the organization through this regulation throughout the course.
- 5. Participants must be present at the starting point in advance and to respect the schedules set out in the Official Guide, which will be sent to the registered athlete by email with all the final guidelines.

Article 8 – TIME LIMITS AND PENALTIES

- 1. In order to ensure the participants' safety and to allow the re-opening of roads to cars, it is essential that participants do not exceed the time limits for each section of the course, according to the Timetable.
- 2. If a participant wishes to withdraw or is disqualified from the event by a commissaire, they must go to one of the feeding zones or cut points, notify the organization, and wait to be transported back to the village on our rescue bus.
- **3.** If the participant is unable to reach route points within the time limit established in the Timetable, they will be automatically disqualified and will be prevented from continuing on the course in order to allow the release of public roads.
- **4.** Every athlete that is disqualified for not meeting the race Timetable shall obey the indications of the staff and race officials, who can determine:
 - **a.** Remain at their cutoff points until rescued by the race bus.
 - **b.** Get on the race bus, even if they're still on the highway, since the bus is the last resort for athletes to withdraw before reopening the public roads.
- 5. Every participant who stop taking part in the event voluntarily or involuntarily, remain on the track outside the timetable, do not accept and/or disobey the guidance of the race staff to remain in the appointed place or enter the race rescue bus, will no longer be covered by the contracted insurance of the event and subject to suspension of the events of L'Étape Brasil by Tour de France.

Article 9 – TIMING, RESULTS AND AWARDS



- 1. The stages of L'Étape Brasil by Tour de France are timed using a modern, electronic chip system, which must be attached to the bike according to the instructions described in the Article 3, item 3, making sure that the participant completes the route in its entirety and checking the time taken.
- 2. Prizes will be awarded to the top three overall (men and women) of the Long and Short courses.
- **3.** The overall classification of the race will be tallied per **order of arrival**.
- **4. Prizes will also be awarded to the top three finishers in categories by age group** of both routes. The categories are:
 - **a. Men**: 18 to 34 years old; 35 to 39 years old; 40 to 44 years old; 45 to 49 years old; 50 to 54 years old; 55 to 59 years old; 60 to 64 years old; 65 to 69 years old; 70+ years old.
 - **b. Women**: 18 to 34 years old; 35 to 39 years old; 40 to 44 years old; 45 to 49 years old; 50 to 54 years old; 55 to 59 years old; 60+ years old.
- **5.** The participant's age on December **31** of the race year will be considered for the purpose of classification by age group.
- **6.** The classification of categories by age group will be based on the **net time** of the participants, taking into account the time elapsed between the start and arrival of each athlete.
- **7.** The athlete who qualifies for the <u>general</u> classification of the race does not qualify for the classification by age group.
- **8.** The King and Queen of the Mountain will also be awarded, being this classification exclusive to the athletes enrolled in the Long course.
- **9.** These particular challenges will consider **the best time (men and women) covered in specific segments of the long course**. In the event of a tie, the lowest **total race time** will be used as a tiebreaker by the technical committee.
- **10.** The participant who does not agree with the results published at the event by the organization, will have 30 minutes from the time of disclosure to open a dispute in



the Cyclist Service of the event, as per item 1, Article 17 of this regulation.

11. The overall results will be released within 72 hours after the end of the event, on the website of the L'Étape Brasil.

Article 12 - GENERAL PROVISIONS AND PENALTIES

- **1.** Every participant must be independent. No external support or motorized assistance will be allowed, other than that offered by the organization staff.
- 2. Accompanying, pacing or following any participant is forbidden, since the course will be closed to the traffic of vehicles (except those used by the organization). Only organization vehicles enter the race route. "Pacing" means escort or protection vehicles for the athlete.
- **3.** The organization will provide plenty of hydration and feed zones, as well as mechanical and medical assistance and rescue. However, it is up to the participant to care for their hydration and feeding, as well as to ensure their safety.
- **4.** If the participant leaves the course, for any reason, they must return to the exact point where they left, and then return to the course. The use of shortcuts, for any reason, will result in disqualification.
- **5.** A participant that prevents and / or interferes with the progression of another participant can be disqualified.
- **6.** The participant may not receive any kind of push, pull, or tow, by another participant or vehicle of any kind. This infringement is subject to disqualification.
- **7.** Drafting behind motorized vehicles is forbidden. Drafting is defined by intentionally or unintentionally remaining less than 10 meters behind and less than 2 meters beside a motorized vehicle, for more than 15 seconds.
- **8.** Every participant must be visible to the film and photography teams throughout the event, however, enjoying intentional drafting behind or beside a press vehicle is prohibited, and subject to disqualification.
- 9. The use of headphones for radios, music players, telephones or other is forbidden.



- **10.** Participants are allowed, at any time, to walk on the course provided they are taking their bicycle (carrying, pushing or dragging) in a safe way, and always as far to the right of the lane as possible. Proceeding without the bicycle will result in disqualification of the participant.
- **11.** It is forbidden for all participants to shout, curse, verbally or physically assault, defame or otherwise offend another participant, anyone connected with the organization or even the audience. These will be considered unsportsmanlike attitudes and may result in disqualification.
- **12.** The technical director and commissaires of L'Étape Brasil by Tour de France have the authority to warn or even disqualify any participant.
- **13.** It is a race director's decision, whether an infraction or attempt should be punished with a warning or disqualification.
- **14.** It is the organization's responsibility to advise the participant of the warning or disqualification.
- **15.** Violations considered serious and/or very serious, especially those that endanger the safety of participants, staff and/or audience, will be punished with the disqualification and exclusion of the participant. The excluded participant is forbidden to remain in the event, in any way, even under their own risk.
- **16.** Contingencies such as accidents, traffic jams, storms, winds or other actions of nature, detours, constructions, road works and any other similar event will be analyzed on a caseby-case basis by the organizing committee and after the decisions are made, they will be disclosed to the participants.
- **17.** The contracted medical service will have the autonomy to suggest that, due to security reasons, the participant withdraws from the event. In this case, their bicycle number will be removed, and the participant will be transported back to the village. Any eliminated participant who insists on continuing to ride, is doing so at his or her own risk, exempting the Organization, A.S.O. and sponsors from any liabilities.
- **18.** As the situations in an event of this size are countless, the race management can meet in an extraordinary case, and reserves the right to create or change the rules and penalties described here, if necessary, before, during or after the race, always and only under



extreme necessity, where the situation in question has not been foreseen in this regulation.

19. For security reasons, the Organization reserves the right to shorten the routes or cancel the race free of charge.

Article 11 – ENVIRONMENT

- 1. Littering is strictly forbidden on the course (paper, plastic wrappers etc.). Wastebaskets will be available at the feed zones, and it will be mandatory for participants to use these areas for waste disposal. Participants must hold onto their wrappers and wait until they reach the waste bins.
- **2.** The technical management of L'Étape Brasil by Tour de France reserves the right to award penalties to athletes who dispose of their waste outside designated areas.

Article 12 - DOPING CONTROL

- 1. The stages organized by L'Étape Brasil by Tour de Tour de France are in accordance with the regulatory criteria of the Paulista Federation and the Brazilian Cycling Confederation (www.cbc.esp.br/stjd/index.html), therefore, will be subject to anti-doping control.
- 2. Participants undertake to strictly respect the anti-doping sporting legislation, as well as the provisions on control tests, results and penalties, based on the List of Prohibited Substances of the WADA World Anti-Doping Agency (www.wada-ama.org/en/what-we-do/prohibited-list).
- **3.** It is each participant's responsibility to be fully aware of the doping control rules and regulations.
- **4.** Athletes suspended for doping according to the list released by the CBC Brazilian Cycling Confederation, will not be able to participate in the stages of L'Étape Brasil.

Article 13 - REGISTRATION CHANGES

1. Registration changes will be accepted as long as the deadlines and fees established by the organization are respected. All requests are subject to analysis and must be formalized by email at contato@letapebrasil.com.br.



- **2. Route change** can be requested in advance to the organization, upon payment of a fee:
 - **a.** Requests made **up to 15 days** before the event, will only be acknowledged upon payment of a fee of **BRL 90.00**.
 - **b.** Route change requests made during the event will be subject to availability in the intended peloton. If there is availability and after payment of a fee of **BRL 120.00**, the change will be completed.
 - **c.** The relocation in the starting area of the new route will be linked to the position that the athlete was previously.
- **3.** A performance analysis for relocation in starting areas can be done when requested in advance to the organization:
 - **a.** The athlete must send their current results for analysis up to 30 days before the event. The athlete will know their starting position at kit collection.
 - b. Starting area change requests made during the event, will be subject to vacancy availability in the intended area, upon the payment of a fee of BRL 120.00. Before the date, the athlete must present his current results for analysis by the organization. Once the exchange is authorized, if there is availability in the intended starting area, and after payment of the fee, the change can be made after a specific time that will be informed by the organization.
- **4. Jersey size change** can be previously requested to the organization, subject to the following conditions:
 - a. Requests must be made up to 30 days before the event;
 - **b.** Change requests made less than **30 days** before the event can only be answered at the event, **subject to size availability.**

Article 14 - TRANSFER AND CANCELLATION

If the registered athlete is unable to attend on the day of the race, they may choose to cancel as long as the deadlines and fees established by the organization are respected. All requests are subject to analysis and must be formalized by email at contato@letapebrasil.com.br. The possibilities are:



1. Transfer between athletes

- **a.** Requests made **up to 15 days** before the event, will only be acknowledged upon payment of a fee of **BRL 200.00**.
- **b.** Registrations can only be transferred **once**.
- c. The athlete who receives the transferred registration cannot repeat the process, and cannot claim a refund.
- **d.** The athlete who has requested the transfer for the next year once, may request the transfer between athletes as long as the requirement set forth in the **item 2.a. of Article 14 of this regulation.**

2. Transfer between events

a. The athlete may request the transfer between stages, if necessary. Requests made up to 15 days before the event, will only be acknowledged upon payment of a fee of BRL 200.00.

3. Cancellation and Refund

- a. Changes must be requested up to 30 days before the event;
- b. After the aforementioned deadline, there will be no possibility of refund.
- c. The amount to be refunded will be 30% of the registration fee.
 - i. Extra items purchased with registration will not be refundable. The athlete may request the shipment of the items, upon payment of the shipping fees, or pick up the items directly at kit collection on the days of the event.
- **d.** The deadline for the reimbursement is **15 days after the end of the refund process**.
- **e.** In case of **purchases in installments**, the refund will be made 15 days after the payment of the last installment.
- **f.** The items set out in Art. 14 will only be valid after the seventh day of purchase of the registration.



- **g.** The processing times for the request will be determined according to the event in which the athlete is registered, following the dates indicated in Annexes I, II, and III of this regulation.
- **4.** When requesting a transfer between athletes, events or year, **there will be no possibility of refund of the registration.**
- 5. Table of deadlines and costs for registration changes

Request type	Request made by	Fee charged
13.2 Route change	a. 15 days of the event	BRL 90
	b. During the event – subject to availability	BRL 120
13.3 Starting area change	a. Start Analysis – Up to 30 days before the event	-
	b. During the event – subject to availability	BRL 120
13.4 Jersey size change	a. 30 days of the event	-
	b. During the event – subject to availability	-
14.1 Transfer between athletes	a. 15 days of the event	BRL 200
14.2 Transfer between events	a. 15 days of the event	BRL 200
14.3 Cancellation and refund	c. 45 days of the event	30% of the amount paid

Article 15 - RACE INSURANCE

Cycling and/or participating in cycling competitions is an activity involving health and life
risks. Each registered participant agrees and is aware that the routes will be carried out
on roads with very rough terrain, very steep ascents and descents, in addition to sharp
turns.



- **2.** The organization is not responsible for any problem or accident occurring before or after the race.
- 3. In order to ensure the inherent risks of participating in the events, as long as the participant is duly registered, L'Étape Brasil by Tour de France has taken out an insurance policy in accordance with current legislation, which includes medical and hospital expenses of up to R\$ 40,000 .00 (forty thousand reais). Expenses above this amount are the participant's responsibility.
- **4.** The organization does not take responsibility for medical care, however there will be an ICU ambulance service for emergency care and evacuation of participants. The medical service itself, both emergency and treatment, will be carried out by the public health care. The participant or companion may decide on another health care system by exempting the organization, A.S.O. and the sponsors from any responsibility, since the evacuation/transfer to medical care and future treatments.
- **5.** The contracted insurance policy is available to any registered athlete at the organizer's headquarters.
- **6.** To register an insurance claim, send the request to the email contato@letapepebrasil.com.br with the information: race, date, time, place of the accident and proof of registration.

Article 16 - IMAGE RIGHTS

- 1. By participating in L'Étape Brasil by Tour de France, each participant hereby expressly grants to LTP BRASIL EVENTOS, A.S.O. grantor, as well as to the sponsors, the press, its transfers and assigns, the right to make use of their image, conveying, or having conveyed, without any compensation, their name, image, voice or sports performance within the scope of the competition organized and/or licensed, in any media and through any means of media support, both currently known or to become known in the future, for any means of communication, including the use for the purposes of advertising or commercial use, for the duration of the protection of the rights currently ensured by copyright law resulting from legislative or regulation procedures and court and/or arbitration decisions passed in all countries, as well as current or future international conventions, including any extensions thereof.
- **2.** Each participant intentionally and irrevocably authorizes the organizer and its assigns regarding promotional and/or commercial advertising campaigns to:



- **a.** Make any change, addition or deletion, that may be considered useful for the exploitation of its image under the conditions defined below.
- **b.** Associate and/or combine their image with any signature, tags, slogans, subtitles, trademarks, logos, legal mention, visual effects and, in a general manner, any element of any nature of the organizer's choice which may be intended to illustrate media in which they may be integrated.
- **3.** The participant guarantees to be free of any exclusive contract related to the use of their image and/or their name and/or voice.
- **4.** The organizer and its assigns expressly prohibit any participant the use and/or exhibition of names, logos, banners, voices and images with pornographic, racist or xenophobic character; generalizing, they prohibit any exploitation that may affect the dignity of its participants.

Article 17 - COMPLAINTS and CLAIMS

- 1. It is possible to clarify questions and obtain information about the race results before the award ceremony, through a **dispute** to be delivered directly to the SAC (Cyclist Assistance Service), within 30 minutes after the results are announced by the organization. The organization will analyze the declared facts and provide clarification.
- **2. After the 30-minute period**, if the athlete understands that the race result is not in accordance with the official published result, **they must file an appeal** scanned in PDF, mentioning the competitor's name and surname, his registration number and the details.
 - a. To file the appeal, the athlete must also pay R\$ 180.00 (one hundred and eighty reais) nominally to LTP BRASIL EVENTOS LTDA and send the proof of payment attached with the scanned files until 30 (thirty) days from the announcement of the official results, using the data below:

contato@letapebrasil.com.br PIX (CNPJ) 27.127.718.0001-08

Bank transfer: Itaú 341

Branch 8729 Current 29122-2



- **b.** The organization will have up to 30 working days to review the appeal after receiving all the above-mentioned documentation.
- **3.** No response will be given to any request/ complaint/ appeal by phone or handwriting, on the interpretation or application of the rules mentioned above.
- **4.** This regulation may be amended or changed at any time. In this case, participants will be communicated through our main communication channels.
- **5.** Questions or omissions regarding this regulation will be settled by the organizing committee in a sovereign manner, and no appeals will be accepted for these decisions.
- **6.** L'Étape Brasil is not responsible for lost items during the events. The L'Étape Brasil organization has a lost and found department directly at the Cyclist Service Center (SAC) and follows the terms indicated below:
 - a. Documents submitted to the organization that are not claimed on the event days will have up to 60 days to be requested, with the shipping fee being paid by the requester. After this period, the documents will be handed over to the post offices, and the owner should contact the Post Office Customer Service at the following numbers: 3003 0100 (for Capitals and Metropolitan Region), 0800 725 7282 (for other locations), or 0800 725 0898 (for people with hearing impairment). The Post Office offers a service that keeps lost documents stored for a period of 60 days. To retrieve them, a fee must be paid to the company.
 - **b.** Clothes and other items will have a 60-day period after the event to be requested if they are submitted to the organization, and they will be sent upon payment of the shipping fee. After the 60-day period, the clothes and other items will be donated to institutions chosen by the organization.

L'ÉTAPE BRASIL BY TOUR DE FRANCE Rua Caçapava, 34 Conj. 135 CEP: 1,408 - 10 - São Paulo - SP

CNPJ: 27.127.718/0001-08

https://brasil.letapebytourdefrance.com/



ANNEX I

L'ÉTAPE CUNHA BY TOUR DE FRANCE 2025

GENERAL DESCRIPTION

- 1. The event will be held on March 28, 29 and 30, 2025, in Cunha, SP, Brazil.
- **2.** This stage has two **route options**:
 - **Long**: 110 kilometers with 2,870 meters of elevation gain.
 - **Short**: 59 kilometers with 1,300 meters of elevation gain.
- **3. Kit collection:** Friday, 28, from 12:00 pm to 8:00 pm, or Saturday, 29, from 9:00 am to 8:00 pm, at the event's Village.
- 4. Village Adress: Parque Lavapés, s/n, CEP 12530-000, Cunha SP.

Opening hours:

Friday: 12 to 8 p.m.

Saturday: 9 a.m. to 8 p.m.

Sunday: 8 a.m. to 4:30 p.m.

- 5. 4. The start of the long route will be at 7am and the short route will be at 8am, both on March 30th, Sunday, at Alameda Francisco da Cunha Menezes.
- **6. Maximum period of 7 hours to complete the race for both routes**, if the athlete is within the zones and cut-off times stipulated by the organization.
- **7. Limited spots** for 1,500 registered athletes.